A modifier that, when preceding a verb, means ‘again’; represents the process of continuously fine-tuning a particular approach or thinking about new ways to make an impact for the future.
As Allamakee County residents face brain health challenges, local organizations are bringing a proven model for supporting perseverance and resiliency to their communities.

With funding from the Community Foundation and other partners, representatives from Mental Health Today-Matt Howe Tribute (MHT) and Worldmaker International are making the THRIVE Resilience Model™ available county-wide. Mollie Marti, social psychologist and Worldmaker founder, helped bring THRIVE to Waukon schools in 2019.

Now, organizers aim to reach over 10,000 people by activating networks and teaching relationship-based resilience-building through a series of community workshops. The initiative delivers realistic, proven practices for adults and youth.

MHT holds an endowment at the Community Foundation and has partnered with another endowment, the Alice Hermeier Fund, to help launch the initiative.

"People are seeking tools to support brain health and resilience-building, and we aim to provide them with what they need," says MHT co-founder Rachelle Howe.

"Before, I didn’t know how my values related to my life story and I never realized how much my dream meant to me," says high school student Kaitlyn Krambeer, who was inspired by the first workshop in March. "This activity highlighted my path toward my goals."

You can support wellness in your community with a gift to the Allamakee Forever Fund, which will help address urgent needs like brain health for generations to come. Learn more at dbqfoundation.org/accf.

---

Legacy gifts reflect a commitment to your community and will help address needs for years to come. There are many ways to give, including gifts of stocks, bonds and grain, as well as IRA rollover contributions.

"Many generous donors have left legacy gifts with the Foundation to support scholarships for Allamakee Community School District students. These endowed gifts will continue to support a strong future for local youth forever."

- Julie Rotach, Allamakee Scholarship Fund Representative

Your gift of $50 or more to the Allamakee County Community Foundation or one of its endowed funds is eligible for the Endow Iowa 25% State Tax Credit. To get started, contact us.

---

A message from Foundation leaders

We invite you to join in our vision for a thriving Allamakee County where everyone can live their best lives. That means supporting sustainable nonprofits and access to resources like housing, jobs, health care, child care and cultural amenities. Together, we can make this vision a reality by working to improve and enhance Allamakee County for all.

The theme of this report, “Re-,” stands for new beginnings, fresh perspectives and transformation. It means the way we approach our communities’ challenges today might not be the right approach tomorrow. It symbolizes evolution.

Relationships with partners like you are at the core of our work: understanding community needs and making connections to resources that can help address them. Through strong partnerships with leaders and nonprofits, we research and identify challenges and respond with solutions to community-wide issues.

Join us on this journey as we reflect on our county today and re-imagine the possibilities for the future.

---

Board of Directors

Jarrod Olson
Board Chair
Brent Beyer
Pat Cota
Nick Erickson
Sheryl Evanson
Erin Iverson
Diana Johnson
Krista Rasque
Betsy Whitlach

---

A message from Foundation leaders

We invite you to join in our vision for a thriving Allamakee County where everyone can live their best lives. That means supporting sustainable nonprofits and access to resources like housing, jobs, health care, child care and cultural amenities. Together, we can make this vision a reality by working to improve and enhance Allamakee County for all.

The theme of this report, “Re-,” stands for new beginnings, fresh perspectives and transformation. It means the way we approach our communities’ challenges today might not be the right approach tomorrow. It symbolizes evolution.

Relationships with partners like you are at the core of our work: understanding community needs and making connections to resources that can help address them. Through strong partnerships with leaders and nonprofits, we research and identify challenges and respond with solutions to community-wide issues.

Join us on this journey as we reflect on our county today and re-imagine the possibilities for the future.

---

Legacy gifts reflect a commitment to your community and will help address needs for years to come. There are many ways to give, including gifts of stocks, bonds and grain, as well as IRA rollover contributions.

“Many generous donors have left legacy gifts with the Foundation to support scholarships for Allamakee Community School District students. These endowed gifts will continue to support a strong future for local youth forever."

- Julie Rotach, Allamakee Scholarship Fund Representative

Your gift of $50 or more to the Allamakee County Community Foundation or one of its endowed funds is eligible for the Endow Iowa 25% State Tax Credit. To get started, contact us.
Our Financials: From gifts to grants, your support makes an impact.*

90% of assets are endowed

$3,692,689 Total Assets

$254,976 2021 Grants and Scholarships

$239,458 2021 Gifts

*As of 12/31/2021

2021 grantees

Allamakee County Agricultural Society
City of New Albin — Fire and Rescue
City of Postville
City of Waukon
Friends of the Yellow River State Forest Inc.
Harpers Ferry Area Heritage Society
Northeast Iowa RC&D, Inc.
Postville Parks, Pool and Recreation Board
Waterville Fire Department Squad

Here For You

Betty Steege
Foundation Coordinator
563.586.2046
steebo@acegroup.cc
dbqfoundation.org/accf

Molly Moser
Affiliate Communications Manager
563.588.2700
molly@dbqfoundation.org